

Gluten Free: Nuchia Foods Corporation Release Recipe for Ultimate Chocolate Chip Cookie



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Orlando, Florida, - Nuchia Foods Corporation has a recipe for a gluten free chocolate chip cookie made from its alternative flour. Their Original Chia Seed Flour is an all purpose baking flour that does not require any additives plus it is loaded with omega-3, protein and insoluble fiber. Original Chia Seed Flour bakes and taste remarkably similar to whole wheat. It can be substituted 1 for 1 for highly processed wheat flour.

Nuchia Foods Original Chia Seed flour is the only flour of its kind. It is not just ground up Chia Seeds offered by other companies, it is an all purpose alternative flour made from a special process.

Nuchia is releasing a full line of Gluten Free Snacks in April and has released the recipe for its Ultimate Gluten Free Chocolate Chip Cookie. You can wait and find it in your stores or try it for yourself.

Cookie Recipe

Ultimate Gluten Free Chocolate Chip Cookie

Ingredients:

1 1/2 cup Butter
3 1/2 Cup Organic Brown Sugar
5 1/4 cup Nuchia Original Chia Flour
2 each Eggs
2 tsp Vanilla
1/2 cup water
1 tsp sea salt (a little less)
4 tsp baking power
2 tbs Baking cocoa
2 cup Dark Chocolate (chucks or chips)

Instructions:

Place soften (not melted) butter, sugar, water, eggs and vanilla in mixing bowl. With a mixer, mix together until creamy. 2. Mix dry ingredients and dark chocolate chips together in separate bowl then by hand add to wet mix in portions. Bake 5 to 8 minutes at 325 (modify bake time to make a soft or harder Cookie). We used a convection oven; modify baking time to suit baking conditions.

We used a 2 tablespoon cookie scoop to portion cookies, and then rolled them into balls. Batch makes 170 cookies, enough for a gluten free birthday party.

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