Affordable and Successful Drug Rehab and Alcoholism Treatment Center



Released on: April 10, 2009, 2:18 am

Author: Mountainside Substance Abuse Treatment Center

Industry: <u>Healthcare</u>

Mountainside Treatment Center has been successfully treating adults who suffer from drug and alcohol addiction with better than average results for 11 years now. We are a non-profit alcohol and drug addiction treatment center. Our licensed and certified professional staff is trained in wide areas of counseling including a Nurse Practitioner.



We offer Individual, Group, Gender Specific and Family Counseling as well as a full Mind Body Wellness Program consisting of Yoga, Guided Meditation for relaxation, and Tai Chi. We also offer 12 Step Meetings and Education, Nicotine Recovery, and a full Adventure Based Initiatives Program complete with a Low Ropes Course under the guidance of our Adventure Based Counselors. Visit our website to learn more. http://www.mountainside.org/drug-rehab

Contact Details: Mountainside Treatment Center 187 South Canaan Rd. Canaan, CT 06018 800-762-5433 http://www.mountainside.org/drug-rehab