

# Patient Reveals Her Surgery Journey To Pick Me Up Magazine



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Adominoplasty patient Debra Gregory has revealed the story behind her surgery to a national women's glossy magazine. Debra, 49, had a tummy tuck after four pregnancies left the skin on her stomach loose and drooping.

Debra, who spoke to Pick Me Up magazine, said: "I rang The Hospital Group cosmetic surgery clinic and within two weeks, I was chatting to one of its surgeons in Southampton. Two months later I was being prepped for surgery. Bye bye flab, I thought to myself as I drifted under the anaesthetic.

"After the surgery, it was a dream come true. I had a stomach to rival Britney Spears! The kids call me 'skinny tummy mummy' and my husband thinks I look great too."

And it's not just women like Debra who are seeking surgery.

The number of people opting for surgery has soared over the past five years by a staggering 320 per cent. According to the British Association of Aesthetic Plastic Surgeons (BAAPS), an unbelievable 34,100 procedures were performed in 2008.



Boosting self-confidence and the desire for the ultimate beach body are said to be the major reasons for people to undergo surgery.

The most popular treatment for women in 2008 remains breast augmentation, seeing an increase of 30 per cent. However [abdominoplasty](#) came a close second with 3,300 women opting to go under the knife.

The Hospital Group, the country's leading cosmetic surgeries and weight loss providers, has also seen a considerable increase in the number of procedures being undertaken, with a staggering 45 per cent increase in the number of women having breast augmentation.

David Ross, Chief Executive of The Hospital Group said: "Debra is just one of our very happy patients. At The Hospital Group, people can be assured of a dedicated, professional service, by experts who can help you achieve the look you've always wanted.

"If you are struggling with your figure, be it weight loss or saggy stomach skin, then The Hospital Group can help."

The Hospital Group is committed to providing the very highest standards and all procedures are performed by an expert medical team in state-of-the-art facilities that are second to none. Since The Hospital Group was established in 1992, it has grown from a small pharmaceutical company to one of the foremost [UK cosmetic surgery](#) and weight loss surgery providers.

**Contact Details:** For further information of The Hospital Group's range of procedures, surgery-seekers should visit the website [thehospitalgroup.org](http://thehospitalgroup.org) or call our patient care coordinators on 0845 762 6727.