

Recently Discovered Hormone linked to Drug Addiction and Alcoholism. Mountainside Addiction Treatment Center Cites



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A study recently published in The Proceedings of the National Academy of Sciences suggests that the hormone ghrelin may not only be responsible for excessive overindulgence in food but in alcohol as well.

In the study, the mice injected with ghrelin, a hormone known to promote appetite and food intake, were more likely to choose alcohol over water when presented with the two choices. Conversely, the group of mice that were injected with a ghrelin



antagonist as well as a control group of mice whose ghrelin receptors were removed, were both resistant to the alcohol.

Professionals at Mountainside [Drug Rehab](#) and Addiction Treatment Center commented on the study saying, "if scientists can create a way to block the physical desire for alcohol by decreasing the production of ghrelin without any adverse effects on the human body, not only could we be closer to conquering food addictions but alcohol addictions and possibly other drug addictions as well. "

Mountainside further states "there have been several promising studies that have been published recently which focus on the physiological dependence of drugs and alcohol. There's no doubt these studies are certainly useful and beneficial to the scientific community, but we also need greater focus on the psychological and social dependence that drugs and alcohol create. While it may be difficult for a non-addicted person to understand these facets of the addiction, they are very powerful and can't be switched on and off easily. And in order for a person to fully get into recovery, we must address those psychological and social factors. In the future, if we are able to conquer the physiological dependence with a shot or a pill, that will certainly go a long way in a person's recovery. But, the public must understand that a shot or a pill is not a panacea for alcohol and drug rehab - that an addicted individual needs a personalized, multi-focused [drug addiction treatment](#) program as well as continued support in order to conquer his or her addiction."

Mountainside [Drug Rehab](#) and Alcohol Treatment Center is a comprehensive and innovative provider of treatment for individuals suffering from drug addiction and alcoholism. Mountainside's licensed and certified counselors, social workers and clinical treatment team



Mountainside Treatment Center

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and staff are dedicated to providing an unsurpassed treatment experience to its clients. With diverse areas of expertise, the treatment team works collaboratively with each client and their family to ensure that an individualized treatment plan is designed that will treat not just the symptoms, but the whole individual. With professionalism and compassion, each client is guided through every stage of recovery and encouraged to participate in a

wide variety of evidence-based and cutting edge innovative treatment options.

In addition to its licensed and credentialed counselors, social workers and clinical staff, Mountainside's medical services include our Advanced Nurse Practitioner and Registered Nurse with specialization in drug addiction and alcoholism treatment. Psychiatric services are available when needed.

If you or someone you love is in need of treatment or if you have questions please contact us at: 800-762-5433

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