

# VistaBay Brings High Success To Holistic Alcohol Addiction Recovery



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*When traditional addiction treatment fails, some people choose to try over and over, hoping the next 12 step program will be the one that finally allows them to kick the bottle. Vista Bay Rehab uses a completely different approach, throwing away traditional alcohol addiction treatment methods in favor of the programs developed by Narconon. Instead of a purely clinical approach, patients at VistaBay undergo a holistic treatment program, customized according to their individual requirements. It's all natural, drug-free treatment that offers unparalleled success rates to those suffering from alcoholism, backed by 30 days of additional treatment in the unlikely event that a graduate relapses into alcoholism within six months of completing the program.*

February, 2010 - Alcoholism has been a bane of society for centuries, but with easy access to inexpensive liquor and a social acceptance of alcoholic beverages, it seems that there are more alcoholics now than ever before. That's despite the development of 12 step programs and other solutions developed after Prohibition. Narconon recognized that traditional treatment for alcohol and drug addictions had a high failure and relapse rate, so the renowned Vista Bay Rehab facilities employ a completely different method to alcohol addiction recovery: a holistic approach.

It's not difficult to find video online or testimonial letters written from former alcoholics who are graduates of [vistabay](#) and eager to attest to

the effectiveness of the program employed by the facility. Some of the most vocal advocates are those who repeatedly dropped out of traditional rehab clinics, or completed rehab only to relapse, often repeatedly. Graduates of the Narconon program will tell you that it works. Rather than relying on methods that have proven ineffective with many addicts, or using drug treatment that substitute's one dependency for another, Vista Bay Rehab employs a series of time-tested stages that provide a holistic approach to overcoming alcoholism. While each individual patient is analyzed on admission and a treatment program is developed specifically for them, there are common components that all patients undertake. Drug (or Alcohol)-Free Withdrawal is the first stage, and involves the addict undergoing 24 hour a day supervision while undergoing nutritional therapy and therapeutic processes designed to ease withdrawal symptoms. A detoxification program uses a dry sauna (along with fluids and nutritional supplementation) to "sweat out" the toxins remaining in a patient's fatty tissue. Then there are a series of courses designed to help patients recognize and overcome barriers, take charge of their own lives and take control of the decisions they have to make in order to succeed. As one graduate of Vista Bay puts it: "This program gives anyone the tools they need to survive..."

The success stories are available online, in print and in video testimonials; Vista Bay Rehab and its holistic approach to alcohol addiction recovery works.

Narconon works with communities, families and individuals to overcome the scourges of alcohol and drug abuse, including the highly regarded [Vista Bay](#) holistic alcohol recovery centers. The organization is also heavily involved in community events and produces drug education material including [video](#), texts and pamphlets. Using all natural treatment methods developed over 40 years of working with alcoholics and drug addicts, the program has a proven track record. Where many traditional 12 step programs end in failure, the approach used by [Vista Bay Rehab](#) has proven to be a highly successful one.

### **Narconon Vista Bay**

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