

Prescription Drug Abuse And Addiction Treatment Facilities Offering Recovery For Life



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Prescription drug rehab is no longer an 'add on' at drug rehabilitation facilitation centers. It has become an essential part of any treatment center that is keeping with the times. Prescription drug addiction has increased dramatically in the past 5 - 10 years. The easy availability of prescription drugs is one reason that the problem has escalated. A recent news report revealed that one in four adults has prescriptions to 4 or more drugs. Abuse of drugs often begins in an attempt to enjoy increased benefits of these legally prescribed drugs.

As a tolerance is developed an addiction grows and eventually there is an unexpected need for prescription drug rehab. California is leading the way in providing prescription drug recovery for life.

April, 2010 - Prescription drug rehab has become a required component of any quality drug treatment facility. With prescription drug addiction on the rise, this need is expected to continue into the future. One of the reasons for the accelerated growth in prescription drug addiction is the easy availability of prescriptions to drugs.

It has been estimated that one in four adults have legal prescriptions to four or more drugs. While most use their medications according to suggested schedule and dosage, others abuse the drugs. This often starts out innocently, in an effort to enhance the beneficial effects of the drug. But over time a tolerance develops and as it does, an addiction grows. Eventually the individual is in need of prescription drug rehab. California has seen an alarming increase in prescription drug addiction and therefore, is leading the way in offering cures that last a lifetime.

Prescription drug addiction treatment centers have found that a holistic approach is the most effective way to address the growing need for providing recovery for life. The Narconon Program is the top choice of the leading centers specializing in prescription drug rehab treatment. This program is comprehensive in nature and as such, it addresses every aspect of the individual participant. Personalized treatment plans are generated after a thorough assessment is completed. The plans are fluid. They are changed according to individual needs of each client.

The Narconon Program has four essential phases to its approach. The first phase is detoxification. This is completed with the aid of exercise, sauna, and vitamins. The second and third phases focus on education. There is a spotlight on teaching self-control. This includes providing the clients with tools to help them deal with triggers. Additionally attention is given to building self-esteem. This helps to insure that clients have the sense of worth and confidence to move forward with their lives. The fourth phase is follow up care that helps graduates make a seamless transition back into society. The Narconon Program is considered to be one of the best approaches to prescription drug rehab. California is the leader in offering facilities that utilize this program.

Successful [Prescription Drug Rehab](#) requires a comprehensive approach to the addiction problem. This will insure that body, mind, and spirit are healed before the client graduates from drug rehab. California has experienced a significant increase in prescription drug addiction. That has resulted in the state taking an aggressive approach to finding programs that offer recovery for life. The most successful of these prescription drug addiction treatment centers employ the Narconon Program.

Leland Michaels writes extensively about various types of addictions and treatments. His recent report covers prescription drug addiction and related [Prescription Drug Rehab California](#) options. Michaels contends that California is the most progressive state when it comes to dealing with prescription drug rehab. California now has numerous treatment facilities that offer a holistic approach to recovery. A holistic approach has been judged to be the most beneficial when it comes to providing a recovery for life. Most of the [Prescription Drug Addiction Treatment centers](#) employ the tested and proven Narconon Program.

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