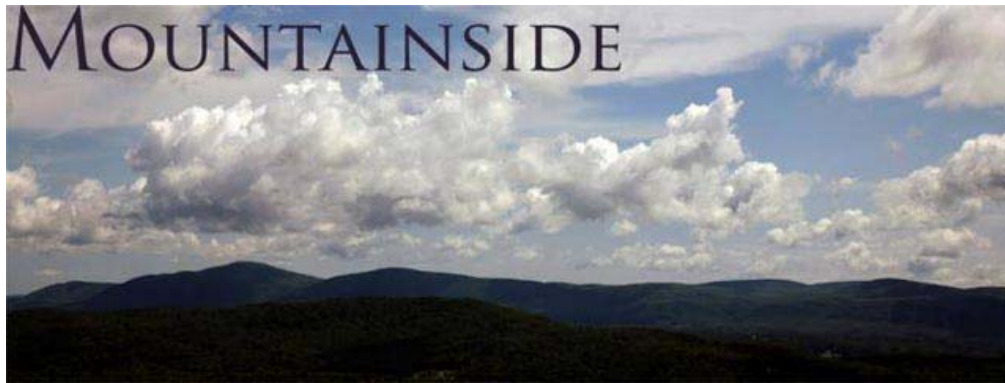


Varied Drug Addiction Experts Form Cohesive Innovative Recovery Team



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CONNECTICUT- Drug rehabs in America may be plentiful, but rarely are any as unique and innovative as what you'll find at Mountainside Drug Rehab and Alcohol Treatment Center . Just by walking onto the grounds of this expansive, idyllic facility, you'll begin to see that it's far from ordinary.

From the moment you enter the colonial style architecture, you'll sense a difference. The facility is tastefully furnished, blending right into the peaceful, private 39 acres it's situated on. The staff is multi-disciplined and highly skilled in their area of expertise, always exuding the compassion and care that Mountainside Drug Rehab and Alcohol Treatment Center is known for.



"Our vision began with focusing on a way to build an evidenced based [drug addiction treatment](#) program that was unlike anything currently available," begins a spokesperson for Mountainside. "We decided that the best way for us to do that was to put together a multi-disciplinary team consisting of licensed and certified counselors and social workers, an Advanced Practice Registered Nurse, Registered Nurse and a Psychiatrist. Some of our counselors are dedicated to diagnosing an individual's addiction history; others are focused on relapse prevention, education and issues that are gender-specific. We have a group of counselors that also work within our Mind-Body-Spirit and Yoga program, helping a person deal with the stresses that, often times, can trigger relapse. There's also a team that is dedicated to focusing on group and individual responsibilities through our Adventure Based Initiatives program. And finally, we have another team that focuses solely on developing a plan for aftercare and continued support. Although each specific group of professionals fulfills a specific role within the recovery process, all work together to form a cohesive team of drug rehab professionals whose cumulative experience is unsurpassed by any other drug addiction treatment center. This team works together with the client to insure that he/she receives an individualized treatment plan that is created specifically to meet his/her needs."

Traditional drug rehabs often consist of one to two individuals managing the care of twenty or thirty individuals at a time. Many times, every person is given the same plan for treatment without assessing whether or not that plan is effective for that particular individual. While those programs can be effective, innovative drug rehabs such as Mountainside have shown to have greater success rates for long-term recovery.

For nearly two decades, Mountainside [Drug Rehab](#) and Alcohol Treatment Center has led the way in offering individualized alcohol and drug addiction treatment programs. Mountainside's licensed and certified counselors, social workers and treatment team provide quality, compassionate care to each individual in a tranquil, peaceful environment conducive to optimal recovery.

In addition to licensed and certified counselors and social workers, Mountainside provides medical services through an on-staff Nurse Practitioner and Registered nurse with specializations in drug addiction and alcohol treatment. Psychiatric services are also extended to clients in need.

If you or someone you love is addicted to drugs or alcohol or if you have any questions, please contact us for a confidential inquiry at 800-762-5433.

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