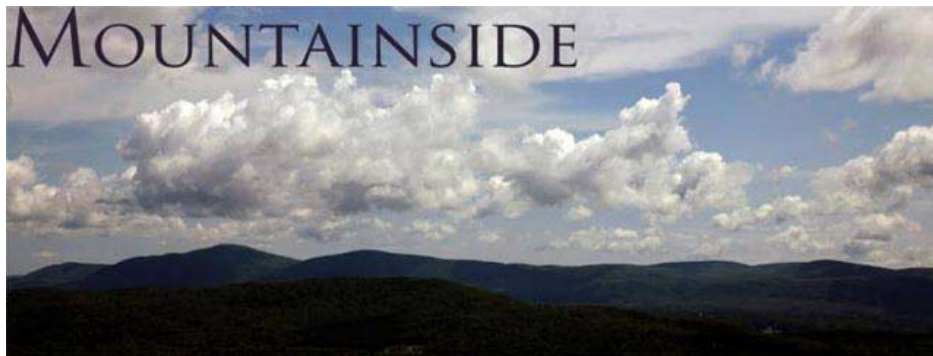


Holistic Drug Addiction Treatment Successes Continue To Rise At New England Treatment Facility



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NEW YORK – While holistic drug rehab is not a new treatment option, its successful principles are seen in continued, increased long-term sobriety rates at Mountainside Drug Rehab and Alcohol Treatment Center in Canaan, CT.



“When we began our holistic drug rehab program over 12 years ago, many questioned our introduction of innovative and new treatment modalities,” begins Wendy Shami LCSW, Clinical Director at Mountainside. “Just the mere mention of the words holistic addiction treatment made many people skeptical because

this treatment model had never been utilized. Once professionals saw

the success of our treatment model, they realized that it was truly revolutionary and, from a logical, empirical standpoint, it simply made sense. As our highly successful, long-term sobriety rates became evident, professionals in the field saw the merit of our [holistic addiction treatment](#) model. Our pioneering work in this field made us the experts and the facility to replicate. Since then, we've remained true to our holistic drug rehab principle which is treating the individual as a whole. As a result, our program has taken on a new direction which we'll be showcasing at this year's Holistic Treatment Conference in Las Vegas . We're eager to present our treatment model as we're certain it will be viewed just as revolutionary as our original holistic treatment model.”

Holistic addiction treatment combines the most successful elements of traditional drug addiction treatment with innovative approaches to care such as reconnection of the Mind, Body and Spirit via guided meditation and Eastern relaxation therapies. Patients of holistic drug rehab programs report a renewed sense of self upon completion of their in-patient portion of their treatment plan. Their continued success is further supported via the coping mechanisms they learned throughout the program.

For more than 12 years, Mountainside [Drug Rehab](#) and Alcohol Treatment Center has led the way in offering individualized alcohol and drug addiction treatment programs. Mountainside's licensed and certified counselors, social workers and accredited treatment team provide quality, compassionate care to each individual in a tranquil, peaceful environment conducive to optimal recovery.

In addition to licensed and certified counselors and social workers, Mountainside provides medical services through an on-staff Nurse Practitioner and Registered nurse with specializations in drug addiction and alcohol treatment. Psychiatric services are also available when needed.

If you or someone you love is addicted to drugs or alcohol, or if you have any questions, please contact us for a confidential inquiry at 800-762-5433.

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